

Sexual Health and Women's Services Resources

Planned Parenthood @ several locations.

Phone: 1 (800) 230-PLAN (7526)

Website: <https://www.plannedparenthood.org/>

San Jose Central Health Center 1691 The Alameda, San Jose, CA 95126. Phone: (408) 287-7526

Eastside Health Center 3131 Alum Rock Avenue, San Jose, CA 95127. Phone: (408) 729-7600

Mar Monte Community Clinic 2470 Alvin Avenue, San Jose, CA 95121. Phone: (408) 274-7100

Blossom Hill Health Center 5440 Thornwood Drive, San Jose, CA 95123. Phone: (408) 281-9777

Mountain View Health Center 2500 California Street, Mountain View, CA 94040. Phone: (650) 948-0807

24/7 Facts of Life Line Chat online or text "PPNOW" to 774636 (PPINFO) to get answers about pregnancy, birth control, emergency contraception, STDs, and abortion.

FPA Women's Health @ 2100 Forest Avenue, Suite 108, San Jose, CA 95128

Provides gynecology, birth control, abortion and STI testing services in California and online.

Phone: (408) 240-2614

Website: <https://www.fpawomenshealth.com/>

Crane Center of Santa Clara County @ 976 Lenzen Avenue, Suite 1800, San Jose, CA 95126

Provides STI and HIV testing services at low cost or free.

Phone: (408) 792-3720

Email: cranecenter@phd.sccgov.org

Website: <https://publichealth.sccgov.org/services/sti-and-hiv-testing-services>

You may qualify for **Medi-Cal Benefits**.

For more information, contact the County of Santa Clara Social Services Agency at (408) 758-3800, or visit the Assistance Application Center, 1867 Senter Road, San Jose, CA 95112

Website: <https://socialservices.sccgov.org/health-coverage>

211 Bay Area

2-1-1 connects callers with local community services, such as food, shelter, counseling, employment assistance, quality child care, senior services, and more. By phone, dial 2-1-1 or 1 (800) 273-6222 or text your zip code to 898211. Website: 211bayarea.org

Vision Resources

Costco Wholesale @ 150 Lawrence Station Road, Sunnyvale, CA 94086. Phone: (408) 730-1892

Silicon Valley Eye Physicians @ 1010 W. Fremont Avenue, Sunnyvale, CA 94087. Phone: (408) 739-6200

UC Berkeley's **Herbert Wertheim Centers of Excellence for Eyecare and Vision Health** (see website for clinic locations)

Phone: (510) 642-2020

Website: <https://eyecare.berkeley.edu/plan-your-visit/locations/>

Santa Clara County Optometric Society

Website: <https://www.sccos.org/find-a-doctor>

Free Community Services

RotaCare San Jose Free Clinic @ Washington Elementary School, 100 Oak Street, San Jose, CA 95110 (clinic inside School Health Clinic).

Appointments only, no walk-ins allowed. In-person clinic by appointment only on first and third Wednesday of each month. Telehealth visits every Wednesday 5pm-9pm. For a clinic appointment, please leave a message anytime 24/7 at (408) 715-3088. Email: sjclinic@rotacarebayarea.org
Website: <https://www.rotacarebayarea.org/sanjose>

RotaCare Gilroy Free Clinic @ Santa Clara County Office of Education, 9300 Wren Avenue, Gilroy, CA 95020. In-person clinic visits by appointment on first and third Tuesday of each month. Telehealth every Tuesday of each month. Telehealth and in-clinic visits are 5:30pm-8pm. Registration is done remotely before your scheduled telehealth/in-clinic appointment. For an appointment, call (408) 676-3030

Email: gilroyclinic@rotacarebayarea.org

Website: <https://www.rotacarebayarea.org/gilroy>

Stanford Children's Health Teen Van (ages 12-25 only) @ various locations (see website). Comprehensive health services for uninsured and homeless youth. Visits are on a first come, first served basis.

To schedule an appointment, call (650) 736-7172

Email: teenvan@stanfordchildrens.org

Website: <https://teenvan.stanfordchildrens.org>

Pacific Free Clinic (age 18+ only) @ Overfelt High School, 1835

Cunningham Avenue, San Jose, CA 95122. In-person visits only; walk-ins first come, first served basis from 8am-10am. No appointment is needed. Open to all regardless of immigration status.

Website: <https://med.stanford.edu/pacific>

Every Woman Counts (EWC) (age 21+ only) provides free breast and cervical cancer screening and diagnostic services. Must meet eligibility requirements. Call 1 (800) 511-2300, assistance is available 24/7 in many languages. Website: <https://www.dhcs.ca.gov/services/Cancer/ewc>

This Low-Cost Health Resources list was last updated April 2023.

FOR YOUR INFORMATION

Low-Cost Health Resources



West Valley - Mission

Community College District

Student Health Services

@ West Valley College

Location: Student Services Center, SSC

Phone: (408) 741-2027

Email: wvc.healthservices@westvalley.edu

Website: westvalley.edu/services/health/

@ Mission College

Location: Student Engagement Center, SEC 104

Phone: (408) 855-5140

Email: mc.health.services@missioncollege.edu

Website: healthservices.missioncollege.edu

24-HOUR EMERGENCY CARE

Santa Clara Valley Medical Center

751 S. Bascom Avenue, San Jose, CA 95128

(408) 885-5000

Santa Clara County Public Health Clinics

Santa Clara Valley Medical Center @ several locations.

Call Valley Connection at 1 (888) 334-1000 for appointments.

Call (408) 885-5000 for more information about Valley Health Centers:

San Jose 750 S. Bascom Avenue, San Jose, CA 95128

Downtown 777 E. Santa Clara Street, San Jose, CA 95112

East Valley 1993 McKee Road, San Jose, CA 95116

Gilroy 7475 Camino Arroyo, Gilroy, CA 95020

Lenzen 976 Lenzen Avenue, Room 1500 & Lower Level,

San Jose, CA 95126

Milpitas 143 N. Main Street, Milpitas, CA 95035

Moorpark 2400 Moorpark Avenue, San Jose, CA 95128

Morgan Hill Urgent Care Center 18550 De Paul Drive, Suite 109,

Morgan Hill, CA 95037. Phone: (408) 782-1216

Sunnyvale 660 S. Fair Oaks Avenue, Sunnyvale, CA 94086

Tully 500 Tully Road, San Jose, CA 95111

Pediatric Urgent Care Clinic @ O'Connor Medical Office Building,

2101 Forest Avenue, Suite 130, San Jose, CA 95128

Phone: (408) 283-7677

Dental Resources

Denti-Cal is the dental portion of the Medi-Cal program.

Phone: 1 (800) 322-6384. Website: <https://dental.dhcs.ca.gov/>

Asian Americans for Community Involvement (AACI) dental

services only @ 266 N. Jackson Avenue #1, San Jose, CA 95116

Phone: (408) 272-1999

Santa Clara County Dental Society (cleanings only, no dental treatment) for a list of low cost dental clinics in Santa Clara County, please see <https://sccds.org/affordability/>

University of the Pacific, Arthur A. Dugoni School of Dentistry,

Dental Services @ 155 Fifth Street, San Francisco, CA 94103 and

@ 1203 J Street (at 12th), Union City, CA 94587

San Francisco Adult Main Clinic (ages 14+): (415) 929-6501

San Francisco Pediatric Dentistry Clinic: (415) 929-6550

East Bay Union City Dental Care Center: (510) 489-5200

For more special clinics and phone numbers, please see

<https://dental.pacific.edu/dental/dental-services>

UCSF Dental Center, General Dentistry Clinic @ 707 Parnassus

Avenue, Suite D 4000, San Francisco, CA 94143

Phone: (415) 476-3028 and (415) 476-9656

See website for more clinics: <https://www.ucsf-dentalcenter.org/clinics>

Mental Health Services

24/7 Crisis and Suicide Prevention Lifeline

1 (855) 278-4204

OR

dial **988** for local 408, 650, and 669 area codes

24/7 Crisis Text Line

Text RENEW to 741741

Crisis Text Line en español 24/7

Envía un mensaje de texto con la palabra COMUNIDAD al 741741

County of Santa Clara Behavioral Health Services Call Center

24/7 referrals offered for people of all ages. Phone: 1 (800) 704-0900

Substance Use Services: 1 (800) 488-9919

Emergency Psychiatric Services (EPS) 24/7 @ 871 Enborg Lane,

San Jose, CA 95128. For a person in crisis who may need to be

hospitalized. Phone: (408) 885-6100

Alum Rock Counseling Center (youth & families) @ 1245 E. Santa

Clara Street, San Jose, CA 95116. Phone: (408) 294-0500

Email: info@alumrockcc.org

Family and Children Services of Silicon Valley

950 W. Julian Street, San Jose, CA 95126. Phone: (408) 292-9353

375 Cambridge Avenue, Palo Alto, CA 94306. Phone: (650) 326-6576

LGBTQ Youth Space @ 452 S. First Street, San Jose, CA 95113

Phone: (408) 343-7940. Website: www.fcscservices.org

Momentum for Health @ 1922 The Alameda, San Jose, CA 95126.

Email: info@momentumforhealth.org

Pathway Society Inc. @ 1530 The Alameda, Suite 301, San Jose, CA

95126. Phone: (408) 982-5599. Website: <https://pathwaysociety.org/>

Asian Americans for Community Involvement (AACI)

2400 Moorpark Avenue, Suite 300, San Jose, CA 95128

749 Story Road, Suite 50, San Jose, CA 95122

Phone: (408) 975-2730. Website: <https://aaci.org/>

Bill Wilson Center (BWC) @ 3490 The Alameda, Santa Clara, CA

95050. Phone: (408) 243-0222. Email: bwcmill@billwilsoncenter.org

BWC Crisis Line: (408) 850-6125

YWCA Golden Gate Silicon Valley @ 375 S. Third Street, San Jose,

CA 95112. Phone: (408) 295-4011. Email: info@yourywca.org

24/7 Crisis Support Line: 1 (800) 572-2782

Private Non-Profit Community Clinics

Mar Monte Community Clinic of San Jose, CA @ 2470 Alvin Avenue, San Jose, CA 95121. With or without insurance, you can always come to us for your health care. Primary care, sexual health, birth control, emergency contraception, women's health, men's health, STD testing, HIV services, transgender hormone therapy.

Phone: (408) 274-7100 or 1 (877) 855-7526 to book an appointment.

Website: <https://www.plannedparenthood.org/health-center/california/san-jose/95121/mar-monte-community-clinic-2437-90130>

Ravenswood Family Health Network @ several locations.

Call (650) 330-7400 for appointments at all clinics listed below:

MayView Sunnyvale Clinic 785 Morse Avenue, Sunnyvale, CA 94085

MayView Mountain View Clinic 900 Miramonte Avenue, 2nd floor, Mountain View, CA 94040

MayView Palo Alto Clinic 270 Grant Avenue, Palo Alto, CA 94306

Ravenswood Family Health Center 1885 Bay Road, East Palo Alto, CA 94303

Ravenswood Family Dentistry 1807 Bay Road, East Palo Alto, CA 94303

Gardner Health Services @ several locations. Call (408) 457-7100 for appointments at all clinics listed below:

Alviso Health Center 1621 Gold Street, Alviso, CA 95002

CompreCare Health Center 3030 Alum Rock Avenue, San Jose, CA 95127

Gardner Downtown Health Center 725 E. Santa Clara Street, Suite 103, San Jose, CA 95112

Gardner Health Center 195 E. Virginia Street, San Jose, CA 95112

Gardner Packard Children's Health Center 3351 El Camino Real, Suite 100 & 3301 El Camino Real, Suite 102, Atherton, CA 94027

Phone: (650) 362-2500

Gardner South County Health Center 7526 Monterey Road, Gilroy, CA 95020

St. James Health Center 55 E. Julian Street, San Jose, CA 95112

Indian Health Center of Santa Clara Valley @ 1333 Meridian Avenue, San Jose, CA 95125, and @ other locations (see website).

Phone: (408) 960-0660 or (408) 960-0657 for new patients.

Website: <https://indianhealthcenter.org/clinic/>

Smoking Cessation

Kick It California is a free program that helps Californians kick smoking, vaping, and smokeless tobacco.

Phone: 1 (800) 300-8086. Website: <https://kickitca.org/>

Breathe California @ 1469 Park Avenue, San Jose, CA 95126

Phone: (408) 998-5865. Email: info@lungsrus.org

Website: <https://lungsrus.org/>

American Cancer Society

Phone: 1 (800) 227-2345

Website: <https://www.cancer.org/healthy/stay-away-from-tobacco>