The Mission College Catalog is your reference document for detailed degree, course or college information. Please visit missioncollege.org/catalog to view or download the Mission College catalog.
ESL*970L. Advanced Listening and Speaking
Pre-requisite: Qualifying score on the ESL Placement Test or ESL 950L. ESL 950L and ESL 960L. Advanced level ESL students receive guidance and extensive practice in listening and speaking activities and academic professional settings. Pass/No-Pass Option.
KIN*027A
MTWTH
09:30PM-10:30PM
501
3.0
(Meets 01/04-01/28)
KIN*035C
Weight Training - Intermediate
Pre-requisite: ESL 940L, and KIN 053B. This course is designed for students at the intermediate level. Topics include advanced training techniques such as pyramiding and sets. Pass/No-Pass Option.
KIN*037A
Cardio-Cross Training - Introduction
Pre-requisite: Eligibility for ESL 930L and KIN 053A. This course is designed for students to enhance the student’s cardiovascular condition by providing a variety of methods of training at the intermediate level. Pass/No-Pass Option.
KIN*037C
Cardio-Cross Training - Intermediate
Pre-requisite: Eligibility for ESL 910A, and KIN 053B. This course is designed to enhance the student’s cardiovascular condition by providing a variety of methods of training at an intermediate level. Pass/No-Pass Option.
KIN*047A
Hip Hop - Introduction
Pre-requisite: ESL 910A, and KIN 053A. This course is the study and practice of hip hop at a beginning level. Students learn general patterns as well as the basics of creating their own style and routines. Information is presented describing the history and cultural development of hip hop as a dance form. Pass/No-Pass Option.
KIN*047B
Hip Hop - Beginning
Pre-requisite: ESL 910A, and KIN 053A. This course is the study and practice of hip hop at an intermediate level. Students learn choreography as well as create their own style and routines. Information is presented describing the history and cultural development of hip hop as a dance form. Pass/No-Pass Option.
KIN*047C
Hip Hop - Intermediate
Pre-requisite: ESL 910A, and KIN 053A. This course is the study and practice of hip hop at an intermediate level. Students learn choreography as well as create their own style and routines. Information is presented describing the history and cultural development of hip hop as a dance form. Pass/No-Pass Option.
This course introduces the student to the study of interplay of the individual and society. The study of human interaction is examined. Pass/No Pass Option.

PHIL*002 Introduction to Logic (UC/CSU) Advisory: Eligibility for ENGL 001A and READ 054. This course introduces to logic for evaluating the quality and correctness of a chain of thought. One of the goals of learning these techniques is to extend one's thinking and learning beyond simple memorization and repetition; that is, one begins to understand what it means to think critically about a subject matter. Another aim is to improve one's ability to read critically and to recognize and avoid logical errors. This class demonstrates that there are right and wrong ways to reason, and that good reasoning is a skill that can be developed and improved. Pass/No Pass Option.  

POLIT*001 American Government (UC/CSU) Advisory: Eligibility for ENGL 001A and READ 054. This course studies democratic structures and functions of American government. It is also listed as GLOBL 001. Pass/No Pass Option. 

PSYCH*001 General Psychology (UC/CSU) Advisory: Eligibility for ENGL 001A and READ 054. This course introduces major concepts, problems and methods that psychologists use to investigate and understand the human mind. Pass/No Pass Option.  

Music

Music Appreciation (UC/CSU) Advisory: Eligibility for ENGL 001A and READ 054. This is a basic introductory course for the student who wishes to learn about music. Students develop an appreciation and enjoyment of music through active listening and guided discussion. Pass/No Pass Option.

Physical Education

Global Perspectives (UC/CSU) Advising: Eligibility for ENGL 908 and READ 054. This course introduces the student to the origins of global systems and their interdependence. The class discusses the origins and growth of cultural values and technological, political, economic and environmental systems. The students compare and contrast basic world views inherent in these systems and how they impact themselves and others as global citizens. This course is listed as GLOBL 001. Pass/No Pass Option.  

See Kinesiology and Wellness and Human Performance

Sociology


SOC*001 Introduction to Sociology (UC/CSU) The study of interplay of the individual and society. Pass/No Pass Option.  

10 Before you enroll in degree applicable courses, it is recommended that you are eligible to enroll in ENGLISH 010A and Reading 054. Prerequisites and corequisites are mandatory. If you are blocked from enrolling in a class because you have not met the prerequisites, see your counselor.

Courses used to meet prerequisite and corequisite requirements must be completed with a grade of C, credit, or better. Advisories are recommendations only.

Please visit missioncollege.org/catalog to view or download the Mission College catalog.